
Effectiveness of behavioral Ivan Pavlov conselvation the using modeling techniques to increase characters to completely complete duties through leason study

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Abstract

This study aims to determine the effectiveness of behavioral counseling Ivan Pavlov with modeling techniques to improve the character of completing tasks well through lesson study on students first grade. This type of research is quasi-experimental with pre-test and post-test control group design. The sample is 34 students with df 33. he instruments used were interviews and questionnaires. Results of data analysis are t value tcount 26.60 > ttable 2.03 so Ho is rejected and Ha is accepted. So there are significant differences. It can be concluded that Ivan Pavlov's behavioral counseling is an effective modeling technique for improving character completing tasks well.

Keywords: behavioral, modeling, lesson study

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Introduction

Based on the results of the research of 34 students, the researchers saw 20 students showing symptoms such as showing attitudes like students seemed very likely to complete the character assignments which were both negative, this study found 14 other students had symptoms such as very easy to develop characters completing tasks positively. Symptoms of this student can be said to show symptoms of "the character completes the task well". Resolving something well and will succeed is a self that is owned by someone to achieve that can finish or finish something he did well and succeed.

The application of characters to complete tasks well can be done by means of modeling techniques. Students can apply the modeling technique by demonstrating a job simulation that matches the character completing the task well. After that students do one stay two stray to find out the results of discussions from other groups. After one stay two stray students do the sociodrama that has been made with the theme Character completes the task well and displays it in front of the class. After doing a sociodrama, the writer did a placebo technique, where one of the students will be presented with positive and negative attitudes by 2 of his friends. In the placebo technique it has a code of ethics that is not to be angry, resentful, and offended. After doing the placebo technique students will read the diary that has been made. Then students fill out a questionnaire that was shared by the author. Finally, students fill out reflection journals about the activities of Classical Guidance services that have been carried out.

Philosophical life view Behavioral counseling theory Ivan Pavlov that Every human needs change and will experience a change in his behavior as a result of interactions between stimulus and response in other words learning is, changes experienced by clients or students in developing their ability to increase behavior in new ways as a result of interaction between stimulus and response obtained. (Aini, Fatmaningrum, & Yusuf, 2011; Indayani, Sedanayasa, Nengah, & Antari, 2014).

In behavioral theory according to Ivan Pavlov can be linked to BK, it can be concluded as follows: 1) So students can motivate / actualize themselves to be able to change themselves in develop potential according to his ability; 2) By studying behavioral theory, students can recognize aspects of themselves and can accept their situation more objectively; 3) To help students express various aspects of themselves; 4) Help students to be able to change their behavior

According to Dharsana (2016) modeling techniques are ways to introduce and counselors provide models that have character to help other people to be able to do that, students are asked to imitate the model provided by the counselor (Adi, Ananda , Dharsana, & Suarni, 2017; Adiputra, 2015; Ardana, Dharsana, & Suranata, 2014; Ayu, Wati, Suarni, & Dharsana, 2017; Damayanti & Aeni, 2016; Kadek Pigura Wiladantika, I Ketut Dharsana, 2014; Lestari, 2015; Sadewi, 2012). In line with this definition, Komalasari et al. (2014: 176) suggeststechniques modeling are ways used by counselors to improve the character of helping others through characterization, characterization in question such as characterization through films, imaginary figures (imaginary), and so forth. Modeling is also called imitation, which shows that the behavior of others is observed, imitated, is more of an imitation of what is seen and observed The process of learning through observation shows the occurrence of the learning process after observing behavior in others. To improve character helps other students. The researcher used modeling techniques. Modeling techniques are not just imitating or repeating what people do (other people), but modeling involves adding and or reducing observed behavior, exploring various observations at once, involving cognitive processes.

Method

Type of research used in this study was a research design "quasi-experimental with pretest-posttest control group design. In sampling, the technique used is random sampling and random class as an intact group. The definition of random sampling is sampling of members of the population is done by selecting samples randomly, regardless of the strata that exist in that population. All objects in one class are considered to have the same opportunity to be taken as a sample (Dantes, 2012). This study took the number of samples of students who showedcriteria to characterhelp other people who were moderate or low as many as 34 students. To collect data about characters who complete tasks well students and to obtain accurate data can be reviewed using several data collection techniques and each data collection device, namely: (1) Questionnaire, (2) Observation Method, (3) Interview Method , (4) Diary.

Starting from the results of the normality test of the data character completing the task well above, it can be said that the requirements for testing the hypothesis with the t-test test can be fulfilled. Therefore hypothesis testing can be continued by using thetechnique Paired Sample Test. Sig.0.05. Thus, the null hypothesis (H0 is accepted

states that there is no influence the effectiveness ofcounseling behavioral Ivan Pavlov with modeling techniques to improve character completing tasks well Students can be trained to carry out communication standards (smile, greetings, greetings, greating). Trained in a good, polite, effective and communicative way of communication so that students are able to have the character to complete the task well.

Result and Discusion

RPBK character of a job well done very effectively implemented in the school. Judging from the questionnaire scores, diary scores, and student responses from daily journals that are increasingly increasing. In addition, it is also seen from the behavior of students of the characters completing the task well that it begins to change such as: students able to character complete.

Table 1 Character Assignment Completes Well

Indicator I	High		Low	
	F	%	f	%
completes the task well	76	56%	11	5%
Village Men	37	58%	1	1%
Village Women	38	53%	1.33	1%

Research data shows that class X students have behaviors for characters to complete tasks well with a height of 56% and a low of 5% as for men men from villages who have a high frequency of 58%, low 1%. Women from villages have a high frequency of 53% and a low of 1%.

Table 2 Characters Completing the Task Well

Indicator 1	Mean	SD	Score High	Score Low
provides assistance to others	2.24	0.78	61%	-
Village Men	2.81	0.83	67%	-
Village Women	2.11	0, 96	53%	-

Research data shows that class X students have a behavior for characters to complete tasks well with a high score of 61% and a low of 0% as for men from villages who have a high score of 67%, a low score of 0%. from villages that have a high score of 35% and a low score of 0%.

Table 3 Pre-Test (The Character of A Job Well)

Indicator	Mean	SD	High		Low		Before		After	
			F%	f%	t _{count}	t _{table}	t _{count}	t _{table}		
Complete a job well	1.22	0.44	76	56%	11	5%	26.06	2.03	26.06	2.03
Village Men	1	0	37	58%	1	1%	7.61	2.01	7.61	2.01
Village Women	1.33	0.52	38	53%	1.33	1	8, 78	1.73	8.78	1.73

Table 4 Post-Test (Characters Helping Others)

Indicator	Mean	SD	High		Low		Before		After	
			f%	f%	t _{count}	t _{table}	t _{count}	t _{table}		
Complete a job well	2.65	1.02	89	65%	-	-	26.60	2.03	26.06	2.03
Village Men	2.94	0.77	45%	70%	-	-	7.61	2.01	7.61	2.01
Village Women	2.33	1, 14	42%	58%	-	-	8,78	1.73	8.78	1.73

Table 5 Data Recapitulation of Pre-test and Post-test (The Character Completes the Task Well)

Score	\bar{X}	δ	t _{count}	t _{table}	Ket
Pre-Test	36.970	3.108	26.06	2.03	Significant
Post-Test	39.617	2.498	26.06	2.03	Significant

Character of a job well done in class X show: Average Pre-Test: $\bar{X} = 36,970$ $\delta = 3,108$ $t_{count} = 26.06$ $t_{table} = 2.03$. Significant Post-Test: $\bar{X} = \text{Mean } 39,617$, p 5% is 2,498 $t_{count} = 26.06$ $t_{table} = 2.03$. Significant Price t_{count} , compared with price t in the table with $df = n - 1 = 34 - 1 = 33$ Price t_{table} for df 33 and with a significance level of 5% is 2.03. Thus, the price of t_{count} is greater than the price of t_{table} , so H_0 is rejected and H_a is accepted. This means that there is a significant difference in the character completing the task well in student X between before and after using behavioral counseling theory with modeling techniques. Conclusion: the effectiveness of behavioral counseling theory with modeling techniques has an effect on improving character completing tasks well in class X students.

Conclusion

Based on the results of the analysis and discussion in the previous chapter stated that the proposed hypothesis is accepted based on the significance level of 5% (0.05), it can be concluded that the results of this study indicate that the character completes the task well students who follow behavioral counseling Ivan Pavlov using techniques modeling more increase than students in the control group. Based on this statement, we can say that Ivan Pavlov's behavioral counseling using techniques to modeling be applied right in school. The application of behavioral counseling Ivan Pavlov using techniques modeling has implications for the planning and development of counseling service models in terms of techniques and procedures for service activities provided to counselees.

From the results of the analysis of the study, the results obtained are found that counseling services will be more effective if the counselee in implementing services is facilitated by behavioral counseling Ivan Pavlov using techniques modeling.

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